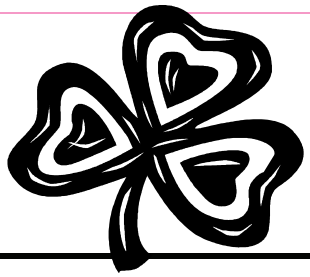
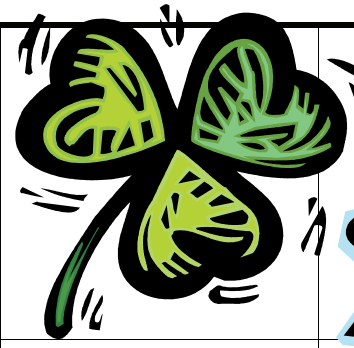
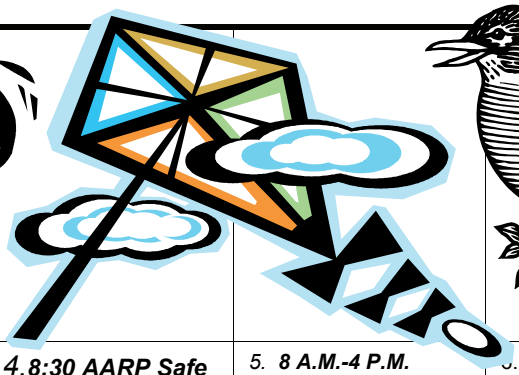
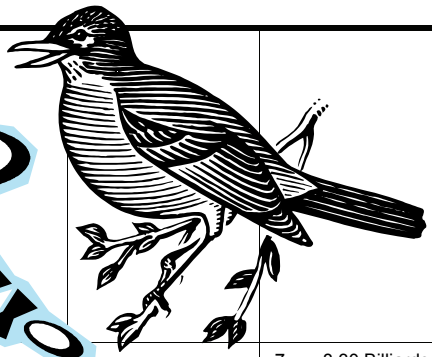
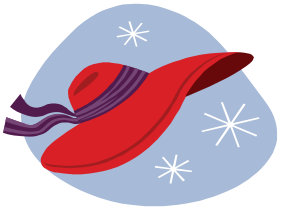
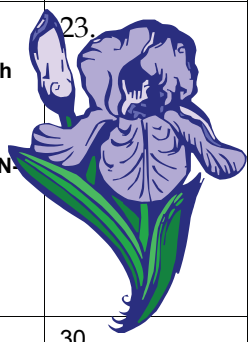
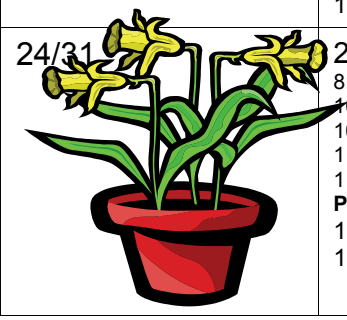
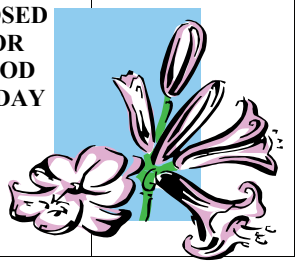
NAUGATUCK SENIOR CENTER

Classes, Special Activities & Special Events

Harvey Leon Frydman, Director/Municipal Agent

MARCH, 2013



Sun	Mon	Tues	Wed	Thu	Fri	Sat
					1. 8:30 Billiards 9 YOGA 10:30 Bread Day 11 COUPONS 11 VNA Blood Pressure 11:30 LUNCH **1 P.M. SET-BACK** **12 BINGO** **1 P.M. Poker/ Knitting/Cards/**	2.
3. 	4. ***8:30 AARP Safe Driving Course*** 8:30 Billiards 9:30 Brass City Mall **10 RED HATTERS** 10 Knitting/Crocheting 10:30 Bread Day 11:30 Lunch **1 P.M. Blood Pressure Screening** 1 P.M. Oil Painting 1 Poker	5. ***8 A.M.-4 P.M. CHOICES with Richard Wood-WCAAA*** *8:30 Billiards* ***9 BASIC FISHING with Jim Ackerman*** *9 VITA Tax Prep.* *9:30 Exercise* 11:30 LUNCH *1 P.M. Senior Society of Crafters* *1 P.M. Skip Bo/Poker* *1 P.M. Women's Poker*	6. **8 A.M.-4 P.M. CHOICES with Richard Wood-CHOICES-WCAAA** 8:30 Billiards 10:00 Line Dance 10:30 Bread Day 11:30 Lunch 1:30 Men's Club 1:45 P.M. Poker	7. 8:30 Billiards ***10 Family Superstitions*** 11:30 Lunch 12 Family Intervention-Referrals **1 P.M. St. Patrick's Day Dinner-$8.00** 1 Cribbage/ Wii 1 P.M. Women's Poker 1 P.M. Poker	8. 8:30 Billiards 9 YOGA 10:30 Bread Day 11 Coupon Clip 11:30 LUNCH **12 BINGO** **1 P.M. SET-BACK** 1 P.M. Cards 1 P.M. Knitting 1 P.M. Skip-Bo 1 P.M. Poker	9
10.	11. 8:30 Billiards 10 Knitting/Crocheting 10:30 Bread Day 11:30 Lunch **1 P.M. Blood Pressure Screening** 1 P.M. Oil Painting 1 P.M. Poker 	12. ***7:30A.M. Foxwoods Casino*** 8 A.M.-4 P.M. CHOICES 8:30 Billiards 9 VITA Tax Prep 9:30 Exercise 11:30 Lunch 1 P.M. Senior Society of Crafters 1 P.M. Skip Bo *1 P.M. Women's Poker* 1 P.M. Poker	13. **8 CHOICES** 8:30 Billiards 10:00 Line Dance 11:30 LUNCH 1:30 P.M. Men's Club 1:45 P.M. Poker 	14. 8:30 Billiards ***10 Recurring Dreams*** 11:30 LUNCH **12 FAMILY INTERVENTION-Referrals** 1 P.M. Wii 1 P.M. Cribbage 1 P.M. Women's Poker 1 P.M. Poker	15. 8:30 *A.M. Billiards* *9 YOGA* *11 Coupon Clip* 11 VNA BP *11:30 Lunch* ***12 Noon Corned Beef Soup Day with The Village at East Farms*** 12 BINGO ***1 p.m. Setback*** 1 P.M. Cards/Knit *1 P.M. Skip Bo/*	16.
17.	18. 8:30 Billiards 10 Knitting/ Crocheting 10:30 Bread Day 11:30 LUNCH **1 P.M. Blood Pressure Screening** 1 P.M. Oil Painting 1 P.M. Poker	19. **8 A.M. –4 P.M. CHOICES** 8:30 Billiards 9 VITA TAX Prep *9:30 Exercise* *1 P.M. Senior Society of Crafters* *1 P.M. Women's Poker with Margo Scott* *1 P.M. Poker* *1 P.M. Skip Bo*	20. 8 CHOICES 8:30 Billiards 10:00 Line Dance 10:30 Bread Day 11:30 Lunch 1:30 P.M. Men's Club 1:45 P.M. Poker	21. 8:30 Billiards **10 Spring Fever Discussion** 11:30 Lunch 12 Family Intervention-Referrals **1 VITAS** 1 p.m.Cribbage 1 P.M. Wii Games 1 Women's Poker	22. 8:30 A.M. Billiards **9 Good Health Omelets with APRIA** 11 Coupons **12 APRIA BINGO** 1 P.M. Setback 1 P.M. Cards/ Knitting 1 p.m. Skip Bo	23. 
24/31 	25. 8:30 A.M. Billiards 10 Knitting/Crocheting 10:30 Bread day 11:30 LUNCH 1 P.M. **Blood Pressure Screening** 1 P.M. Oil Painting 1 P.M. Poker	26. **8 A.M.-4 P.M. CHOICES** 8:30 Billiards 9 VITA Tax Prep. 9:30 Exercise 11:30 LUNCH 1 P.M. Senior Society of Crafters 1 P.M. Poker 1 P.M. Skip Bo	27. **8A.M.-4 P.M. CHOICES** 8:30 Billiards **10 GRIFFIN HOSPITALHEALTH VAN** 10 Line Dance 10:30 Bread Day 11:30 LUNCH	28. 8:30 Billiards **10 Family Traditions** 11:30 Lunch **12 Family Intervention-Referrals** 1 Cribbage/Wii 1 Women's Poker 1 Poker	29 **CLOSED FOR GOOD FRIDAY**	30