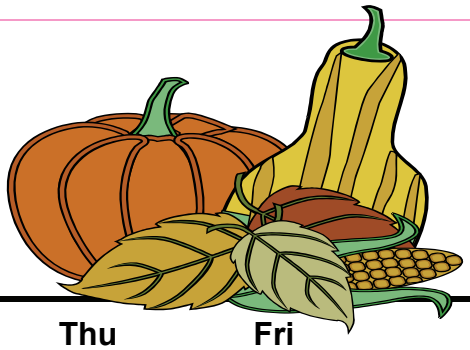
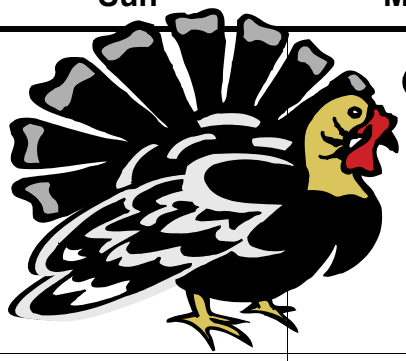
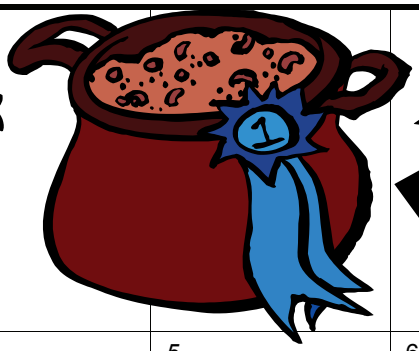
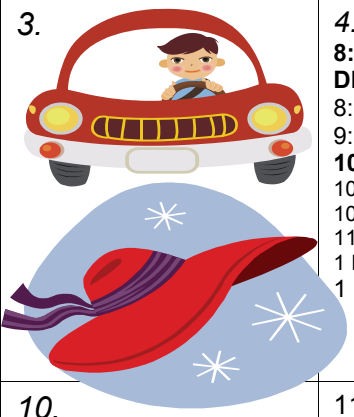
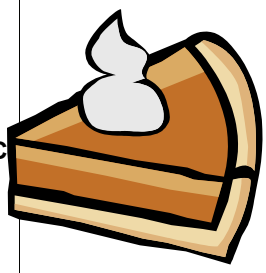
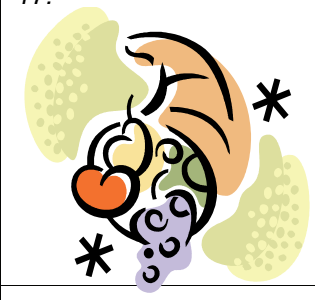
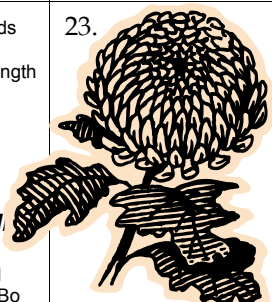
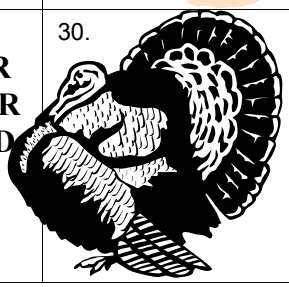
NAUGATUCK SENIOR CENTER

Classes, Special Activities & Special Events

Harvey Leon Frydman, Director/Municipal Agent

November, 2013



Sun	Mon	Tues	Wed	Thu	Fri	Sat
					1. **8:30 A.M.-4 P.M. HOLIDAY BAZAAR 2013**	2.**8:30 A.M.–4 P.M. HOLIDAY BAZAAR 2013**
3. 	4. **8:30 AARP SAFE DRIVING** 8:30 Billiards 9:30 Brass City Mall **10 RED HATTERS** 10 Knitting/Crocheting 10:30 Bread Day 11:30 Lunch 1 P.M. Oil Painting 1 P.M. Poker	5. *8:30 Billiards* *9:30 Exercise* 11:30 LUNCH *1 P.M. Senior Society of Crafters* *1 P.M. Skip Bo/Poker* *1 P.M. Women's Poker*	6. 8:30 Billiards 10:00 Line Dance 10:30 Bread Day 11:30 Lunch 1:30 Men's Club 1:45 P.M. Poker	7. 8:30 Billiards\9 CHOICES 12 Family Intervention Referrals 1 Cribbage 1 Wii Games 1 P.M. Poker	8.8:30 Billiards 9:30 YOGA **10 GRIFFIN HOSPITAL–Don't Make Me Laugh** 10 Weight Strengthening 10:30 Bread Day 11 Coupon Clip 11:30 LUNCH 12 BINGO 1 P.M. SETBACK 1 P.M. Cards 1 P.M. Knitting 1 P.M. Skip-Bo	9.
10.	11. **CLOSED FOR VETERANS DAY**	12. **7:30 A.M. FOXWOODS** 8:30 Billiards 9:30 Exercise 11:30 Lunch 1 P.M. Senior Society of Crafters 1 P.M. Skip Bo *1 P.M. Women's Poker* 1 P.M. Poker	13. ***HLF*59*** 8:30 Billiards 10:00 Line Dance 10:30 Bread Day 11:30 LUNCH 1:30 P.M. Men's Club 1:45 P.M. Poker	14. 8:30 Billiards 9 CHOICES **10 Arthritis Update** 11:30 Lunch 12 Family Intervention 1 P.M. Wii 1 P.M. Cribbage 1 P.M. Poker	15.8:30 Billiards *9:30 YOGA* 10 Weights & Strengthening *11 Coupon Clip* 11 VNA BP *11:30 Lunch* **12 VNAHEALTHCARE THANKS-GIVING BINGO** 1 P.M..Setback 1 P.M. Cards/Knit *1 P.M. Skip Bo*	16. 
17. 	18. 8:30 Billiards 10 Knitting/ Crocheting 10:30 Bread Day 11:30 LUNCH 1 P.M. Oil Painting 1 P.M. Poker	19. 8:30 Billiards *9:30 Exercise* *1 P.M. Senior Society of Crafters* *1 P.M. Women's Poker with Margo Scott* *1 P.M. Poker* *1 P.M. Skip Bo*	20. 8:30 Billiards 10:00 Line Dance 10:30 Bread Day 11:30 Lunch 1:30 P.M. Men's Club 1:45 P.M. Poker	21. 8:30 Billiards 9 CHOICES 11:30 Lunch 12 Family Intervention 1 P.M..Cribbage 1 P.M. Wii Games 1 P.M. Poker	22.8:30 Billiards 9:30 YOGA 10 WeightsStrength 11 Coupons 11:30 LUNCH ***12 CHARM MEDICAL SERVICES TURKEY BINGO*** 1 Setback/Card 1 Knitting/Skip Bo	23. 
24.	25. 8:30 Billiards 10 Knitting/Crocheting 10:30 Bread Day 11:30 Lunch 1 P.M. Oil Painting 1 P.M. Poker	26. 11:30 Lunch 9:30 A.M. Exercise 1 P.M. Women's Poker	27. 8:30 Billiards 10 Line Dancing 10 Griffin Hospital Health Van 11:30 A.M. LUNCH 1:30 Men's Club 1:45 P.M. POKER	28. **CLOSED FOR THANKS-GIVING**	29. **SENIOR CENTER CLOSED**	30.